

# **Revision Techniques**

Preparing for your Exams

# Make a timetable

- Know your topics and subtopics
- Plan when you are going to study
- Use short bursts
- Timetable in Exercise & Relaxation

# The Statistics

- 66% of material revised is forgotten after 7 days
- 88% of material is forgotten after 6 weeks
  
- Reading notes and text books leads to a mere 10% retention of information 😞
- Are there any better methods?

# Know your Learning Style



## Visual learners prefer to:

- ❖ Draw pictures and diagrams
- ❖ Colour code their work
- ❖ Use different coloured paper, pens etc
- ❖ Use their own system of symbols etc
- ❖ Create images and scenes in their minds

## Auditory learners prefer to:

- ❖ Say their work aloud
- ❖ Give presentations to an imaginary audience
- ❖ Record notes on a tape recorder
- ❖ Use silly noises to remember things
- ❖ Hear the information in their mind
- ❖ Play instrumental music





### **Kinaesthetic learners prefer to:**

- ❖ Do actions when learning key facts
- ❖ Walk about when learning
- ❖ Find it harder to sit at a desk
- ❖ Add emotions and textures to exaggerate information
- ❖ Try to experience what they are learning

- If you know what type of learner you are, you can then tailor your revision to your needs and strengths...

# Revision Activities

- Mind-maps
- Key words – post-its
- Flash Cards
- Podcasts
- Family and Friends Test
- Highlight
- Chant/Rap
- Exam Questions and Mark Scheme
- Write your own Q's
- Mnemonics

# Be Organised

- **Where?**
  - Sit at a desk – somewhere designed for study
- **What?**
  - Make your task specific & realistic
- **How?**
  - Focus on one topic at a time
- **When?**
  - Be Alert – times of the day that suit you ...
- **Why?**
  - Review your progress
- Create a Filing System
- Make Notes/Revision cards
  - Less is more

# After a one hour memorising/revision session:

- 10 minutes later revise the topic for 10 minutes
- 1 day later revise the topic for 5 minutes
- 1 week later revise the topic for 2-5 minutes
- 1 month later revise the topic for 2-5 minutes
- Before exams revise the topic as required.
- **Each time knowledge is reinforced; it enters deeper into the long-term memory and becomes more stable.**